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#### **AYAHUASCA**

This drink have over 40 different indigenous names, Ayahuasca, yage or caapi are just a few names the plant is called, but it is most commonly known as Ayahuasca, that mean "Vine of the soul" or "Vine of the dead". This may be because people initially believed that drinking the Ayahuasca would enable a person to feel a spiritual connection with their soul or that it would also allow them to communicate with their dead ancestors.

#### **AYAHUASCA CEREMONIES**

### INITIATION CEREMONY 01 NIGHT Overview

**Day 1 –** Departure from Cusco – temple of the moon or Pisaq- meditation -Ayahuasca ceremony at night.

Day 2 - Return to Cusco about 7:00 am.

#### **Includes:**

Shaman or spiritual guide, Ayahuasca ceremony, ceremonial music, bio-energetic meditation, energetic cleaning, transport from Cusco to the temple of the moon or Pisaq, 01 night lodging, water.

## PURIFICATION CEREMONY 02 NIGHT Overview

**Day 1 –** Departure from Cusco – temple of the moon or Pisaq- meditation - Ayahuasca ceremony at night. Overnight at the lodge or Hotel.

**Day 2 -** Visit the botanical garden, Pisaq museum or corn, Ayahuasca ceremony at night- Landscape walk, overnight at the lodge or Hotel.

Day 3 - Return to Cusco about 7:00 am.

#### **Includes:**

Shaman or spiritual guide, Ayahuasca ceremonies, ceremonial music, bio-energetic meditation, energetic cleaning, transport from Cusco to the temple of the moon or Pisaq, 02 nights lodging, 02 days of natural diet, water, fruit, coca tea, natural breakfast, visit the botanical garden, Pisaq museum of corn. The ceremony has duration of 2 to 3 hours, and it is conducted with a native Shaman.

**Note:** You can make your Ayahuasca ceremony in Cusco or Peruvian Amazon (ask about programs and rates).

Calle Atoqsakiuchi 800

Cusco - Perú

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#### **SAN PEDRO or WACHUMA**

It is a ceremonial spirit, natural and ancestral passed down from generation to generation by different cultures of South America. The medicine is prepared using two, medicinal plant: a cactus by called San Pedro or Wachuma and the Coca leaf.

The San Pedro or Wachuma is a ceremony into the heart, mind, body and soul to recognize all the negative energies of your being in order to purify yourself.

#### **SAN PEDRO OR WACHUMA CEREMONIES**

#### INITIATION CEREMONY 01 NIGHT

**Day 1 –** Departure from Cusco – temple of the moon or Pisaq- meditation - San Pedro or Wachuma ceremony at day or night.

Day 2 - Return to Cusco about 7:00 am.

Includes:

Shaman or spiritual guide, - San Pedro or Wachuma ceremony, ceremonial music, bio-energetic meditation, energetic cleaning, transport from Cusco to the temple of the moon or Pisaq, 01 night lodging, water.

#### PURIFICATION CEREMONY 02 NIGHT

Overview

**Day 1** – Departure from Cusco – temple of the moon or Pisaq- meditation -San Pedro or Wachuma ceremony at day or night. Overnight at the lodge or Hotel.

**Day 2 -** Visit the botanical garden, Pisaq museum or corn, San Pedro or Wachuma ceremony at day or night - Landscape walk. Overnight at the lodge or Hotel.

Day 3 - Return to Cusco about 7:00 am.

#### **Includes:**

Shaman or spiritual guide, San Pedro or Wachuma ceremony, ceremonial music, bio-energetic meditation, energetic cleaning, transport from Cusco to the temple of the moon or Pisaq, 02 nights lodging, 02 days of natural diet, water, fruit, coca tea, natural breakfast, visit the botanical garden, Pisaq museum of corn.

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The ceremony has duration of 2 to 3 hours, and it is conducted with a native Shaman.

**Note:** You can make your Ayahuasca ceremony in Machupicchu or Peruvian Amazon (ask about programs and rates).

#### **TEMAZCAL or SWEAT LODGE**

This is an ancestral ceremony practiced by different cultures. The sauna mirrors the form of an oven. Inside, various healing plants are placed according to the ailments that need to be healed. In addition, essential natural oils and incenses are added for aromatherapy. The heat is achieved using red hot stones that are placed inside the oven (called grandmother stones). Then essential oils. Incense and cold water are poured over the stones, generating a medicating steam that combines all the elements. This ceremony detoxifies and balances the body, mind and spirit. Symbolically it is process of rebirth, arising anew from the cleansing sauna as a child does from the womb. Your pores will open absorbing the healing properties of plants while expelling the toxins from the body. After wards, a pool of icy water directly from the mountains is provided to close the clean pores and to fortify the body.

#### **Includes:**

Temazcal, ceremonial music, water, lunch, private transport to/from Cusco - Pisac or Yanahuara.

TEMAZCAL or SWEAT LODGE is conducted by a native Shaman or spiritual guide, duration of 6 hours.

#### OFFERING TO MOTHER EARTH

The offering to mother earth is an ancestral tradition practiced by various cultures. The offering consists of thanking her for all the blessings in our lives followed by a physical offering. The offering includes fruits, vegetables, grains, ceramics, textiles, jewelry, sweets, chicha, sugar, flowers, and any object or amulet of power that you feel you want to give to the Pachamama. This ceremony can be done as a thank you to mother earth and/or to cleanse your spirit of negative energies.

This offering is performed in sacred places like: Apus (sacred mountains)lakes, ceremonial and energetic centers. There are 2 ways to complete the offering: one way is to bury the offering and the other is to burn it. The ceremony has duration of 2 to 3 hours; it is conducted with a Spiritual Guide or Shaman. Includes:

Offering to Mother Earth, water, lunch, private transport to/from Cusco - Pisac or Temple of the Moon.

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#### **ENERGY CLEANSING**

Energy cleansing is an ancient tradition predation practiced by various cultures and is performed using a hot water bath with bath with flowers and medicinal plants. The cleansing is performed by first protecting the patients from negative energies with agua Florida, mapacho, rosewood and incenses and then your energy is cleansed through essential oils, and magical potions that cleanse and harmonize body, mind and spirit. We also ask god, the universe, life, existence to send medicine from heaven to heat and purify, the ceremony has duration of 2-3 hours, and is conducted by a Spiritual Guide or Shaman.

#### **Includes:**

Energy cleansing staff and body healing, ceremonial music, water, private transport to/from Cusco - Pisac.

#### We are offering also:

Bio-energetic Meditation Bio-energetic Massage Bio-energetic Acupresure Mystical Wedding Mystical Hiking Mystical Mountain Biking

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